

# Healthy Students Committee

December 17, 2007

Present: Stephanie Crocker      Melanie Stafford      Not Present: Pat Brandon  
 Drew B.                                  Latitia Mallory                                  Joni Fowler  
 Anita Rownd                              Louann Loos  
 Nancy Jennette                          Beth Vanella

<b>Key Process</b>	<b>Educate parents/students on healthy nutrition</b>
Action Step	Healthy Kid block to the PTA Newsletter Submit kid friendly recipes/health tips to the newsletter
Process Manager:	Stephanie Crocker
Completion Date:	2012
Resources	PTA, Staff
Restrainers:	Spanish Population
Measurable Process Checks:	Parent feedback
<b>Key Process</b>	<b>Educate students on daily healthy fitness</b>
Action Step	Run/walk/jog around the track or playground each day (2 laps) Record progress in personal Lap Log
Process Manager:	Drew B
Completion Date:	2012
Resources	Staff/Reminders in the bulletin to staff Community/Business donations
Restrainers:	Children with disabilities Unwilling teachers and/or students Weather
Measurable Process Checks:	Health& wellness running Log Feedback from teachers Bulletin Board for Grade Levels' Progress Stopwatch for each grade level/teacher (Ask community to donate the watches)

